



If you would like to electronically transmit your CME data from the ACS to the ABS, use the ACS [MyCME Portal](#). You will need your ACS ID log-in. This will be your membership number or the ACS ID you received when you created your ACS account. If you need assistance with the ACS ID contact [Log-in Help](#)

### **Step-by-Step Instructions to Access MyCME and Transmit Your CME Data**

1. Log into [MyCME](#).
2. Once logged in, you will see your name at the top right of the page.
3. Select the "Send CME Data" tab.
4. Select the "Specialty Board" option.
5. From the recipient drop-menu, select American Board of Surgery.
6. Select "I Agree."
7. Enter your ABS ID.
8. Enter your month and day of birth.
9. Confirm that your email address is correct.
10. Enter the desired start and end dates for your CME data range and click "Get Select Dates."
11. Review the transcript data to confirm it is correct.
12. Once satisfied with the "Send to ABS" criteria, click the "Yes" button.

After your CME credits are sent, you will see a confirmation page. After 24 hours, you can log into your ABS account to confirm the credits are in your ABS CME Repository.

Questions? Contact [mycme@facs.org](mailto:mycme@facs.org).